# Linking St. Leonard's on the Hill

4241 44 Street, Red Deer, Alberta T4N 1H3 Phone: 403-346-6769 Fax: 403-986-2799 e-mail: stleonardsanglicanchurch@gmail.com Website: stleonardsonthehill.org fSt. Leonard's on the Hill Anglican Church



# April 2024 Issue



### <u>Highlights</u>

ACW Meeting—Monday, April 8th at 10 am

St. Leonard's Drop Off Bottle Drive: Wednesday, April 17th from 3-7 pm

Mens' Breakfast—Saturday, April 20th at 8:30 am

Handbell Choir—Sunday, April 21st 2pm at Gaetz United Church

Mount St. Francis: April 21st to April 23rd

GrammaLink: April 22nd from 9 am to 2 pm

(Gaetz United Church)

Healing Prayer will be offered Sunday, April 28th during Communion at the 10:00 am Worship Service.

ACW Strawberry Tea: Saturday, May 4th from 1–3 pm

### Audio/Visual Booth Volunteers Needed

We are in need of volunteers to assist in the Audio/Visual Booth. We are looking for 4 more volunteers who are comfortable working with one another. These volunteers would help out in the booth once or twice a



month. Volunteers would be trained so that they would feel comfortable in the booth.

Please contact Krista if you are interested in learning how to become an Audio/Visual Volunteer.

### Anglican Laity Retreat at Mount St. Francis Retreat Centre

April 12-14th, 2024, Mount St. Francis Retreat Centre. Come to the Mount! Do you crave a quiet weekend away? A weekend of God's presence? Time to take a walk in the woods? Delicious home-cooked meals prepared by someone else? Your room is waiting. All are welcome. Please join us. You'll be glad you did!

Mount St. Francis Retreat Centre is at 41160 Retreat Road, Cochrane.

To register or if you have questions, contact Patti and John Sinclair at (403) 288-3294 or email pattijoansinclair@gmail.com



### "Link" by Email!

If you are interested in receiving the Link by email please advise the Office. Our email address is:

stleonardsanglicanchurch@gmail.com
When you receive the "Link" by email, you are able to see the pictures in colour and in greater detail (when colour is available).
Thank you for your attention.

### **COFFEE AND CRAFTS**

We meet in the in the Church Lounge on Wednesdays at 1 pm. You are invited to join us for coffee, tea and company whether or not a craft project arrives with you.



If, on the other hand, you need a spot of help with a craft project we will do our best to find a way.

Stephanie Rodger 403-346-2922

### **RED DEER MUSTARD SEED**

This month our report is from an excerpt we received from The Mustard Seed:



"Here in Red Deer, we have some impactful news to share! In 2023, our School lunch program delivered over 90,000 meals! Our Shelter is now running 24/7. This allows all our 40-plus shelter guests a safe, warm place to stay during the day. They can also access health and wellness support here, with our Red Deer team providing wellness help to over 390 community members. Thank you for being a part of our Mustard Seed Family!

Because our programs cannot operate without the support of our numerous volunteers, I want to take a moment to highlight their hard work! Our volunteers in Red Deer worked over 15,600 hours to serve our neighbors in need, from those serving in our kitchens to hairdressers, faith companions, warehouse volunteers, and everyone else. In 2024, our volunteers continue to astonish us with their acts of kindness. For a list of volunteer options, please visit our volunteer page (theseed.ca/volunteer).

I would also like to share this video highlighting our community members who have found success thanks to donors like you:

https://theseed.ca/thankyou/ or go to our website

https://www.stleonardsonthehill.org/themustard-seed to watch it.

One of our volunteers is seen making sandwiches and also saying "Thank you" in her second language which is "Dutch."

Regular Sunday Service Times: 10:00 am Eucharistic Service

7:00-7:30 pm Sunday Contemplative Evening Prayer

9:30 am Morning Prayer—Monday, Wednesday and Friday



# *April 2024*

<b>1</b>								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	9:30 am Morning Prayer by zoom	2	9:30 am Morning Prayer 1 pm Coffee and Craft Group	10 am Choir 1:30 pm Aspen Ridge /Inglewood Services	5 9:30 am Morning Prayer by zoom	6		
7 10:00 am Eucharistic Service 7:00-7:30 pm Contemplative Prayer	Solar Eclipse 9:30 am Morning Prayer by zoom  ACW Meeting at 10 am	9	10 9:30 am Morning Prayer 1 pm Coffee and Craft Group	11 10 am Choir 1:30 pm Aspen Ridge /Inglewood Services	12 9:30 am Morning Prayer By zoom	13		
14 10:00 am Eucharistic Service 7:00-7:30 pm Contemplative Prayer	9:30 am Morning Prayer by zoom	16 7 pm Parish Council Meets	9:30 am Morning Prayer 1 pm Coffee and Craft Group Church Spring Bottle Drive 3-7 pm	18 10 am Choir 1:30 pm Aspen Ridge /Inglewood Services	19 9:30 am Morning Prayer By zoom	20 8:30 am Men's Breakfast		
21 10:00 am Eucharistic Service 7:00-7:30 pm Contemplative Prayer	9:30 am Morning Prayer by zoom Link Articles Due	23	24 9:30 am Morning Prayer 1 pm Coffee and Craft Group	25 10 am Choir 1:30 pm Aspen Ridge /Inglewood Services	26 9:30 am Morning Prayer 1 pm Cribbage afternoon	27		
28 10:00 am Eucharistic Service/Healing Prayer 7:00-7:30 pm Contemplative Prayer	29 9:30 am Morning Prayer	30 Chris's Prayer day (away from the office)						

## Pasterial CARE

### **Pastoral Care**

It is so important for families to pull together and support each other. It is the same with our

St. Leonard's Church family and this became more apparent during the COVID Pandemic.

St. Leonard's has a number of ways of reaching out to each other. Please contact the Office at 403-346-6769 if you are in need of help or if you are aware of any parishioner needing assistance of some kind.

If you are on St. Leonard's Parish List then your name will be connected to someone on Parish Council. This is the Official Parish List not the ACW List or the Men's Breakfast List but the actual Parish List — if you would like to be on this List please contact the Office.

We have a number of other ways of caring for each other:

We have someone who does hospital visiting. If you or a loved one is hospitalized and would like a pastoral visit, please contact the office (403-346-6769) or Krista's cell phone number 403-598-7776. That is the only way we can know of this need.

ACW Card Ministry. If you know of someone who could use a little boost of caring please contact the Office and this Ministry will send out an appropriate card (Thinking of you. Glad you're feeling better, or a sympathy card).

<u>Pastoral Care Team</u>: Along with all of these other caring groups, St. Leonard's does have a Pastoral Care Team. This Group will do home visits to parishioners who, for various reasons, need to be personally contacted. If you are aware of someone needing a bit of extra care, please contact the Office.

Krista will direct the information to the right person (it might even be Chris (and/or Barb) as they are very much part of this Team). And again for various reasons it is not always feasible to actually visit some parishioners so they are sent "thinking of you" type cards throughout the year.

Thank you for being part of our caring Church family.

Marg Marrett 403-346-9215 and Margaret Roome 403-347-5500



### St. Leonard's on the Hill Mission Statement:

"The Anglican Church of St. Leonard's on-the-Hill is a Christian Community committed to building a Christlike family of disciples through worship, prayer, study, fellowship and service".



### DO YOU LIKE TO SING?

Our choir practices Thursday mornings from 10 am to 11 am. You are welcome to show up

for a practice and sing with us on Sunday whenever you can. If you have any questions feel free to talk to me after church as I'm easy to find at the piano.

Thank You, Katherine Brown

### ռուռուռուռուռուու

### **SCENT FREE CHURCH**

Our Church Is A Scent Free Space and we continue to try to honour this.

We are asking those who are donating Church Altar floral arrangements on Sunday to refrain from adding lilies. We have several Church family members who react to the scent of lilies.

Please be conscious about perfumes, lotions and other strong scents.

Moving forward, we are going to follow the Hospital Protocol and not have any lilies in our Church space.

Thank you for your cooperation in this matter.

St. Leonard's Parish Council

### **BEHIND THE BEARD**



In recent Link articles I have been highlighting books that I recommend. No one will be surprised to hear me name Dallas Willard, who I quote quite often in sermons. I also want to mention Richard Foster, who was a pastor at Dallas' church in Southern California, and who also writes about spiritual formation.

Dallas Willard was a professor of philosophy, and had also been a Baptist minister. He became very well known in Christian circles because of his writing on the topic of spiritual formation. His most famous book is probably "The Divine Conspiracy". It is a big book, but well worth the time it takes to read it.

As a philosopher, Dallas challenges us to think about how we are following Jesus. We are called to love God with all our mind, not just our heart and soul. Dallas is addressing the division that seems to have arisen between being a "Christian" and being a "disciple". This isn't usually a spoken division, but there can be a subtle sense that being a Christian means attending church and believing a number of things about Jesus. To be a "disciple" can have a sense of being a 'next level' Christian- a super Christian. Dallas thinks this division is a mistake, and we need to recover the idea that to be a disciple of Jesus is the same thing as being a Christian, and there is no Christian apart from discipleship to Jesus.

To be a disciple is something like being an apprentice. Apprentices in the trades have an element of intellectual study of theory regarding their field, but they also learn how to perform their trade in the world. Similarly, disciples don't just learn theory- they are learning how to live the way Jesus taught. In this book, Dallas walks through the Sermon on the Mount (Matthew 5-7) and helps us see the genius of Jesus' way of life, which is what it means to live in the Kingdom of God.

Richard Foster's most famous book is probably "The Celebration of Discipline" and is a guide for practicing 12 of the basic spiritual disciplines that have helped Christians grow stronger in their life with God. It is a very practical book, and not as intellectually dense when compared with Willard's book. To paraphrase Willard, a discipline is something within your ability that (over time) enables you to do something that is not in your power (at present).

If you want to play the Moonlight Sonata by Beethoven, but you have never sat in front of a piano before, then you want to do something that is not in your power (at present). If you engage in a discipline, then you start learning notes and scales, and you start getting your fingers used to playing. These are things that are within your power to do (at present). Over time, and with much practice, you learn simple songs, then build towards more complicated songs. You grow in your understanding of music theory, and you get more proficient with playing with both hands. Eventually, you will be able to play Beethoven.

The spiritual disciplines strengthen us in the ways of God. They help us to develop as apprentices of Jesus, so that we can be of more use to God. There are graces that are attached to these disciplines. The Holy Spirit works through them. The disciplines put us into a context where God can work on us in unique ways that transform us.

I often think of these two books together, and they have both been very important to me.

Peace, Rev. Chris



### **Newcomers to St. Leonard's**

If you are a newcomer to St. Leonard's and would like your name added to the Parish List, please email

stleonardsanglicanchurch@gmail.com or call the Office (403-346-6769).



### **ALPHABET PRAYER**

A...Almighty God

B...Bless my family and me

C...Comfort me

D...Draw me to You in prayer

E...Enlighten me

F...Forgive my sins

G...Give me to do Your will

H...Help me do Your will

I...I am Your Servant

J...Joyful are my days

K...Kéep me from hárm

L...Lead me to still waters

M...Make me a vessel of Your love

N...Nature is Your masterpiece

O...Open new doors for me

P...Please, grant me peace of mind

Q...Quench my thirst for knowledge

R...Reside with me always

S...Shield me from danger

T...Teach me to love unconditionally

U...Use me to inspire others

W...When I fail, lift me up

X...XXX's stands for my love for You

Y...Your love fills me with gratitude

Z...Zestfully, I thank You. Amen.

By Evelyn Heinz



The ABC of Prayer

### **SHARING SHELVES**

St. Luke's Anglican Church will partner with us in keeping our shelves stocked.

Marg Marrett-Julian will be the conduit with Judy Ewart and Joan Williams at St. Luke's as supplies are needed. God's work continues to grow. God Bless you all for your generosity. This has allowed us to maintain the Sharing Shelves Outreach Ministry for over 13 years.

### Please check the dates on the food items before you donate to the Sharing Shelves.

A lengthy best before date would be appreciated.

Here is a list of much needed items:

Canned fruit

Plain pasta( spaghetti, penne, etc..)

Pasta sauce

Coffee

Plain granola bars,

Peanut butter

Fruit cups.

Paper towel and Toilet paper

Cleaning products

We appreciate all the help we can get. Carol and Brent McAllister along with Brenda Clark continue to sort and keep the shelves organized.

Please contact Marg at 403-346-9215, or Krista at the Church Office, if you are able to help.

God Bless, and thank you for your kindness and generosity.

Krista Kusmire and Marg Marrett.

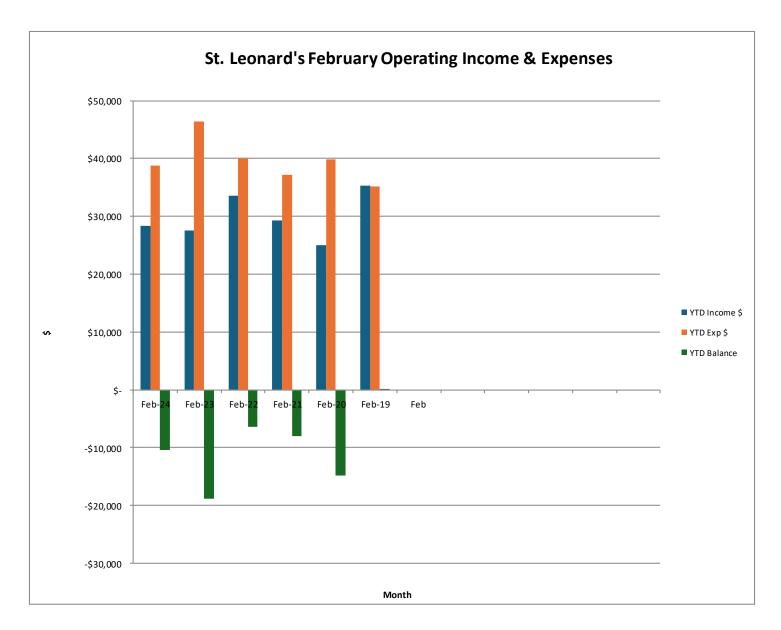
### **THE CLEANING CREW**

The Cleaning Crew is **urgently** looking for a few people to help out specifically with cleaning the bathrooms at St. Leonard's. You can chose what day and time works best for you. Please contact Mary McCambley or Ioney Haye if you are interested.



### **HEARING ASSISTANCE**

Anyone requiring hearing assistance, please request it at the Audio Booth in the back of the Sanctuary.



<b>FEBRUARY YTD</b>	<b>INCOME</b>	<b>EXPENSES</b>	<b>SURPLUS (DEFICIT)</b>
2024	\$ 28,403	\$ 38,793	(\$10,390)
2023	\$ 27,535	\$ 46,338	(\$18,803)
2022	\$ 33,587	\$ 40,022	(\$ 6,433)
2021	\$ 29,257	\$ 37,193	(\$ 7,936)
2020	\$ 24,956	\$ 39,822	(\$14,866)

### **Comments:**

Our February YTD 2024 income of \$28,403 was (\$10,390), below expenses. An income deficit during the first two months of the year is not untypical. Please don't hesitate to contact myself or Krista if you have any questions regarding our Parish finances.

Marg Marrett Parish Treasurer

### **Lesson's In Life #199**

Taste and See

"O taste and see that the Lord is good." (Psalm 34:8)

What does it mean to "taste and see that the Lord is good?" Many would think of the Eucharist. This is most surely a wondrous way of tasting God's goodness, but there are many other ways as well.

We can feed on our good memories and remember how we have been blessed with God's love through our relationships. We can be nourished by a moment of wonder and beauty and be fed by God's creation. We can experience the bounty of another's care and concern and taste the compassion of God.

The Easter Season calls us to celebrate the Risen Life of Jesus. It is also an invitation to welcome life in a springtime world, to see the stirrings and marvels of death being over-taken by life. It is a time to taste the wonders of God's goodness in the seasonal cycle of life overturning death.

It is all too easy to be preoccupied with work and worries and forget to "taste and see." What will you "taste and see" today? How will you enjoy God's goodness?

"Risen Christ,
My Easter world is filled with gifts,
Both material and spiritual.
Slow me down today and guide me
To taste the wonders of Your goodness."
"Inviting God In" (by Jocye Rupp)



### Coffee Anyone? (Java Jobs)

The "Java Jobs" Program is back in full swing. "Coffee Makers" and "Clean Up People" are **URGENTLY** needed for the 10:00 am Service. There are people who will help you learn the prep and clean up process should you decide to sign up.

The Sign-Up Book is by the coffee cups in the North Hall and it is also stored by the microwave in the Kitchen.



The gentleman who drew this is Joe Castillo. He went to Asbury Theological Seminary. He did this during a chapel service. It was fascinating—he told the Gospel story—each part of Jesus' life—and he was drawing the story as he told the story. We didn't realize until the end what the entire picture was. A rare talent!

The 'longer' you look at this picture, the

The 'longer' you look at this picture, the 'more' you see. Look at the lines the artist used to draw this picture of Christ ...

It is of scenes from Christ's life. I have not seen anything like this. Share this with a friend or two. In the Circle of God's love, God is waiting to use your full potential. May God always bless you and yours!

To see more of Joe Castillo's work go to: www.sandstory.com

### **Paperless Donations**

Help the environment...go paperless. St. Leonard's is offering an easy way to donate to the Church. Instead of using envelopes, you can fill out Pre-Authorization forms to donate.

Forms can be requested by emailing stleaonardsanglicanchurch@gmail.com or by leaving a voicemail on the Church office phone at 403-346-6769.

E-Transfers are available as well to donate. You can send an E-Transfer to stleaonardsanglicanchurch@gmail.com

### **News from the Pews**

Thank you

Pauline Hoskin had successful surgery on the 15th of March and is on the road to healing. Thanks be to God! Thank you for thoughts and prayers. We especially thank God that the cancer was



discovered while it was very small and did not require all the extensive surgery we had been told about.

However she still needs prayers for the healing of the three surgeries that removed several teeth and part of the gum around those teeth and a flap from under her chin to cover the area in her mouth.

Pauline writes (she is unable to speak at this time) "I am full of thankfulness for the great love God has shown to me as I felt lifted up by so many prayers. Thank you for your faith shown in your prayers." Please share this Good News with others whom you know who have been and are continuing to pray for Pauline.

Thank you. God bless you. Derek Hoskin



### Meet our New Parish Council Member Giovanni Mazzuca

My name is Giovanni
Mazzuca, a name which I
inherited from my
grandfather, and my
grandfather from his. Though
I share their same name and
love of food, my childhood
was anything but similar.

I was born in Banff to two artistically minded parents-Dayna and Gaetano-who are fervently in pursuit of His highest, both in the present and throughout history. After meeting my new younger sister Rachel in Edmonton, the two of us were educated by our parents and with the local community of homeschoolers. This circle only grew larger when we moved west to Victoria, BC. I grew up on the Pacific witnessing waves bigger than our home, and trees taller than my neck could crane. With the awe of God's creation firmly instilled in me, the local Anglican Cathedral we rode our bikes to every Thursday deepened this awe I felt into reverence.

Throughout our travels I have experienced many Church denominations, churches large and small, churches loosely drifting and deeply connected. But the constant denominator has always been the Anglican liturgy. I recognize when God knits together His Church and when the people that form it are pursuing Him with life. After being confirmed my second time living in Edmonton, I was blessed by the Bishop and received peace like I had never known. From that day, I decided that this peace was something I never wanted to live without. This throughline is something I feel strongly at St. Leonard's and is the reason I feel honoured to be able to contribute towards the mission of the Church.

My time in Red Deer as a student at Red Deer Polytechnic (formally Red Deer College) and as a member of the community has been an experience filled with new challenges, wonderful connections, and exciting opportunities. I served Red Deer in addition to greater Central Alberta as a traveling salesman for Sylvan Star Cheese, sharing my love for cheese at the local farmers markets while speaking with thousands of locals, business owners, and new friends. Through this experience, combined with my time in the Financial Services Program at RDP, God has shown me where my gifts lie. Saint Leonard's is a church with a great deal of strength, possessing love capable of breaking chains binding those near and far. I look forward to joining you all in this responsibility we share to fight for God's kingdom, and to grow closer in faith to one another. May God be with you.

### Parish Council "Snippets"



- 1. The blue logo for the Welcome Bags has been chosen. This Ministry can now move forward.
- 2. Chris discussed how we are going to add a Prayer Chain. More information will follow.
- 3. Colin said he will speak to Randy when he gets back about adding a light above the pulpit.
- 4. Maundy Thursday will take place at St. Leonard's at 7 pm with Pastor John Lentz preaching. Chris said that the service will have a Eucharist and two foot washing stations.
- 5. We will be holding a Drop Off Bottle Drive on Wednesday, April 17th from 3-7 pm. Weather dependent, we are hoping to have the firepit outside again.
- 6. Colin would like to hold the Welcome Back Picnic at Balmoral again on Sunday, September 15th, 2024.
- 7. Marg Marrett would like to start a conversation about holding a Stewardship Campaign after Easter.

### CLERGY RETREAT May 14th to May 16th, 2024

Rev. Chris will be away on Clergy Retreat Tuesday, May 14th until Thursday, May 16th. Please pray for all Clergy attending this year's Retreat.



### **Grace Elgersma's Ordination**

On Tuesday, June 11th, St. Leonard's will be celebrating Grace Elgersma's Ordination into the Sacred Order of the Deacons at 7 pm.



### **Sidespeople and Greeters**

Please contact us if you are interested in participating in these Ministries. We will fill you in on the duties. Remember—many hands make light work.

Carol Anderson and Ioney Haye

### "Odds and Sods"



Marg Marrett-Julian has a large and varied assortment of bowls, serving dishes, cutlery and household items that

she does not use.

For anyone who can find use for these items, or who knows of anyone who can make use of them (e.g. students or family members setting up housing, families), please contact: Marg at 403-346-9215



### VACATION BIBLE SCHOOL JULY 1ST TO JULY 5TH, 2024

VBS will be held the first week of July 2024, at Good Shepherd Lutheran Church.

The theme this year is "Camp Firelight- Trusting God When We're Afraid."

The VBS planning meeting schedule is currently as follows:

Tuesday, April 9th @ 6:30pm at Good Shepherd. This meeting is for those who will be leading learning centers (Bible Story, Arts & Crafts, Recreation, etc).

Tuesday, May 7th @ 6:30pm at Good Shepherd. This meeting will be for all volunteers... learning centers, "cabin" leaders, junior leaders.

Wednesday, June 12th @ 6:30pm at Good Shepherd. This will be a working meeting, for all volunteers, to do any prep that's needed and to learn some of the songs.

More information will be available in upcoming Links and emails.



### A.C.W. News

All women who attend St. Leonard's are members of the organization known as Anglican Church Women (ACW).

Our Fashion Follies Show has been to several of the Senior Lodges. Our wonderful models have changed costumes in bathrooms, chapels and dedicated change rooms in order to take outreach to those who might not otherwise have an opportunity to laugh both with us and at us.

At a Special Meeting, Sunday, March 17th, we agreed to putt funds aside for when we have to replace the dishwasher or cooler. We will buy a redeemable bond to gain some interest on our savings.

At this same Special Meeting we finalized the new price (\$7.00) for the Strawberry Tea on May 4th. Pearl Franz offered to handle the advertising. More planning for our Strawberry Tea will take place at our April Meeting.

Our next meeting is Monday, April 8th at 10 am in the North Hall. All women of the Church are invited.

Brenda Clark ACW Secretary

### **Prayer Ministry at St. Leonard's**

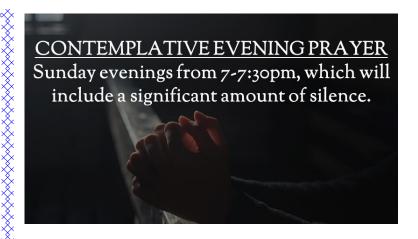
The Prayer Chain is looking for people who feel called to pray for those in need. Those praying will pray at home at a time of their choosing. If you are interested or for more information, please contact Susan Robertson (susn381@gmail.com) or Laura May Doran (ddoran@shaw.ca).

Those requesting prayer for themselves or for another may contact the church office (403-346-6769,

stleonardsanglicanchurch@gmail.com) or fill out a prayer request slip and place it in the prayer box at the back of the church or in the offertory plate.

Healing Prayer will be offered Sunday April 28th during Communion at the 10:00 am worship service.





### **DISCIPLE NIGHT**

More information will come out after Easter, as to when we will hold more sessions.



### ST. LEONARD'S SPRING BOTTLE DRIVE APRIL 17TH, 2024

Our next Bottle Drive will take place on Wednesday, April 17th, 2024 from 3-7 pm.

Serenity is not the absence of activity, but the presence of God in everything you do.



Check us out at St. Leonard's on the Hill Anglican Church.



### LAST OUT??

If you are last out of the Church, please remember to set the alarm when you are leaving and turn off any lights.

When entering the Church via the parking lot door, please ensure that the door is firmly closed.

### **Images of Spirituality**



Cultivating a Garden of Contentment:

"I have everything that I need - the secret of being content."

In a world that is constantly seeding discontent so that we will consume more and more products, how might we learn with Paul what it means to truly be content with all that God provides and in all circumstances, without becoming complacent to the injustice around us.

- 1. What it means to call Jesus our Lord and our Shepherd.
- 2. How the Apostle Paul learned the secret of contentment.
- 3. Active contentment models from Scripture and history.
- 4. The heart of Worship as the root of contentment.

During the weekend we offer opportunities to worship, sing, craft, walk, have conversations and ground ourselves in creation and the importance of justice and peace in our world. Together we'll learn through teaching and small group discussions what it means to be truly content. To Register please contact:

To inquire about payment, contact the Registrar, Connie Cunningham at info@imagesofspirituality.ca or at 403-510-3336

Early bird rate double room \$260.00: single room \$285.00 (LIMITED AVAILABILITY) After March 5, 2024 double room \$280.00 single room \$300.00 Registration Fee: A non refundable \$150 deposit must accompany each registration form. Balance due by March 29, 2024

April 5th - April 7th, 2024 (Friday evening to Sunday afternoon)

Entheos Retreat Centre, 242032 Range Road 40, Calgary, Alberta, T3Z 2W8

### **PRAYERS FOR THE NG'S**



Please continue to pray for Janice and Daniel.

Janice has recently been moved to the Red Deer Hospice. She is very happy to be back in Red Deer and appreciates everyone's love and

caring.

### CENTRAL ALBERTA COUNCIL ON AGING

(From Nordegg to North of Wetaskiwin, south to Olds, Rocky Mountain House to Saskatchewan border)

### EDUCATION PROGRAM TUESDAY APRIL 2, 2024, at 0900

Meeting Location: Golden Circle Seniors Resource Centre 4620 – 47A Avenue, Red Deer, AB T4N 3R4

- 1. CACA update: Jane Grenier-Frank President
- Speaker: Judy Scott CEO Family Services of Central Alberta to speak to our members regarding FCSA and Home Support Services.
- 1. FCSA and Home Support Services
- Family Support: Details regarding support for individuals and families at every stage of life.
- Seniors Programs: Details regarding services for seniors.
- Other supports in place.

### EVERYONE WELCOME JOIN US FOR A MUFFIN AND COFFEE

Mission: To maintain or improve the quality of life for seniors and encourage their full participation in all aspects of society.

### **Cribbage Anyone???**

Friday, April 26th from 1-3 pm.

Please join us for a fun afternoon playing Crib. Come and play or come and learn how to play the game. If you have a crib board/and or cards please bring them.

We will meet in the South Hall of the Church.

Colin Trevors, Caroleanne Berger and Margaret Roome.

### **ALTAR FLOWERS CALENDAR FOR 2024**

There are still a few Sundays available if anyone wishes to provide flowers for the Altar.

Available dates are: June 16, 30; August 18; September 15; October 20, 27; November 3, 17; December 8, 22.

Please see Hilary Boyd for more information.

### "<u>BETWEEN FRIENDS"</u> <u>MI</u>NISTRY

Are you aware that some small tasks are very difficult or impossible to do for some of our

Parish members either because of mobility limitations or recent surgeries?

We are compiling a list of the names of Parish members who would be willing to perform small tasks, either on a **one-time or short-term basis**, for another Parish member. (e.g. change higher light bulbs, small sewing needs, vacuuming, moving a heavy chair etc., etc., etc.—the list is long for some of our parishioners). If this Ministry is one you feel called to take part in please give your name to Brenda Clark at 403-346-3021 or clarkwbc@telusplanent.net.

A data base will be set up and in a few weeks we hope to be able to offer this new St. Leonard's connection of helping one another

"BETWEEN FRIENDS"

Sincerely, Brenda Clark

### **Readers and Intercessors**



Please contact us if you are interested in these Ministries. We will fill you in on the duties. Remember—many hands make light work.

Marney Holmes and Mary McCambley

### Men's Breakfast Group

The Men's Breakfast was held on Saturday, March 16th at 8:30 am. 14 men attended.



Our next meeting will take place on Saturday, April 20th at 8:30 am. We encourage all Parish men to attend.

### Rev. Chris's June Retreat Retreat June 7th-9th, 2024

What is a Retreat?

From time to time Christians are called to take time away from their regular lives in order to focus on their life with God in a particular way. Jesus modelled this by spending time on his own to withdraw from the busy demands of the crowds to spend time in prayer. A Retreat is a time to intentionally refocus our lives.

What happens at a Retreat?

During Retreat we make time for prayer and reflection. We will gather for prayer in the morning and in the evening. We will eat meals together, and we will gather for times of reflection and teaching on the spiritual life. There will also be time for you to pray and reflect on your own. This Retreat is in a beautiful place and there will be time to sit by a fire, or walk in creation.

More information to follow in upcoming "Links" and by email.

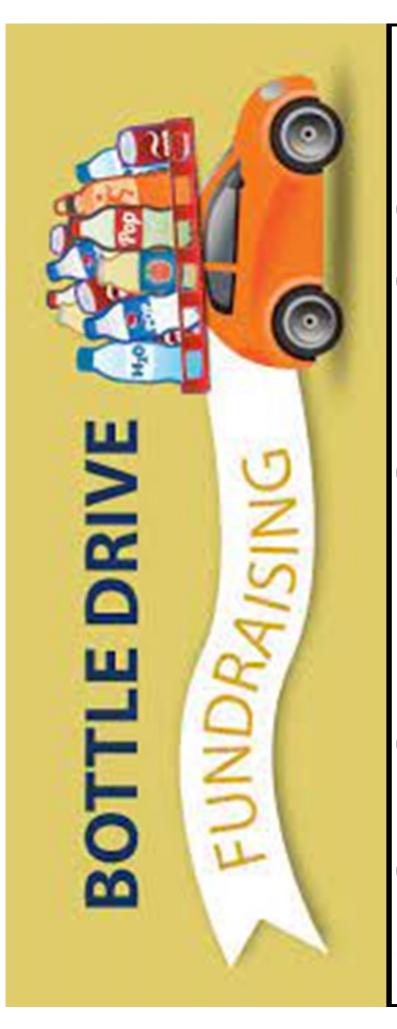


Being a disciple of Jesus isn't about Viewing His life from a distance, Like an exhibit under glass.

It's about joining Him in washing feet, Wiping away fears and breaking bread.

It's a hands-on way to share His love.





# March Madness or Spring Break Clean-up

Wednesday, April 17th 3-7:00 pm

Drop off trailer in the parking lot of the Church

All donations will go in support of St. Leonard's Anglican Church



# ST. LEONARD'S ON THE HILL CHURCH GARAGE SALE

Thursday, June 6th to Saturday, June 8th

Sale Times:

Thursday, June 6th 2-8 pm Friday, June 7th 2-7 pm Saturday, June 8th 8 am to Noon

### Donation Drop off dates:

Tuesday, June 4th 10 am to 7 pm Wednesday June 5th 2 pm to 6 pm

\*\*Items for donation will NOT be accepted at the Church before the 6th of June. We will not accept mattresses, large appliances, large furniture, tv's and computers or clothing.\*\* Contact Jim at 403-347-1721 to volunteer or to help store items or for more information.



CASH ONLY

PLENTY OF PARKING I

RAIN OR SHINE



# GrammaLink- Africa's Fabulous Fabric Sale

Saturday April 20, 2024



Solidarity in Action! In support of grandmothers in Africa raising children whose parents have died from the HIV and AIDS pandemic. All proceeds to the Stephen Lewis Foundation

www.grammalink.ca

or find us on Facebook at Gramma-Link Africa

# Fabulous Fabric Sale

April 20, 2024
9:00 a.m. – 1:00 p.m.
Gaetz United Church
4758 Ross St.
Red Deer
Admission \$2

To donate fabric, (one meter or more) yarn, or notions please contact:

Jane 403-343-1073 or Donna 403-343-6141 Phone or text

> Not later than April 05, 2024

The Grandmothers to Grandmothers Campaign is an initiative of:





### STARRING THE GAETZ RINGERS HANDBELL CHOIR

••••••

WITH SPECIAL GUESTS

DALE DICKAU AND THE GAETZ

SANCTUARY CHOIR

APRIL 21 2:00 PM

GAETZ MEMORIAL UNITED CHURCH 4758 ROSS STREET RED DEER

Free will offering will be collected to support the music of Gaetz United Church

# ST. LEONARD'S ACW SPRING BAKE SALE AND STRAWBERRY TEA



SATURDAY, MAY 4TH, 2024 TIME: 1-3:00 pm

ADMISSION: \$7



Bring a friend and enjoy tea, goodies and fellowship. Gluten free options available.





