Linking St. Leonard's on the Hill

4241 44 Street, Red Deer, Alberta T4N 1H3 Phone: 403-346-6769 Fax: 403-986-2799 e-mail: stleonardsanglicanchurch@gmail.com Website: stleonardsonthehill.org St. Leonard's on the Hill Anglican Church Church Office Hours: Monday to Wednesday 9-1:30 pm, Thursday 9-1 pm



June 2023 Issue



<u>Highlights</u>

ACW Ladies Social: Saturday, June 10th at 1—3pm

Men's Breakfast: Saturday, June 17th at 8:30am

Father's Day: Sunday, June 18th

June 21st: National Indigenous Peoples Day

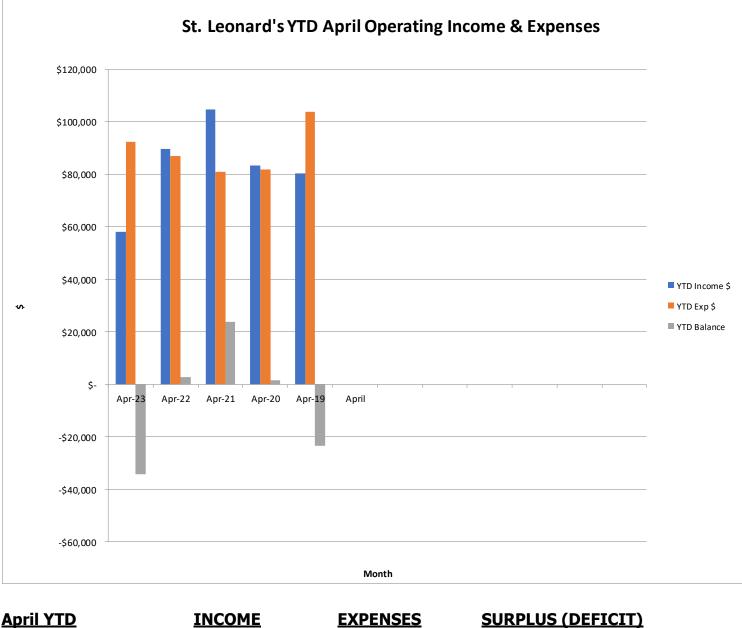
Daniel Joseph's Ordination: Wednesday, June 21st at 7pm

Rev. Chris' Holidays: July 16th-August 13th

Usual Sunday Service Times: 10:00 am Eucharist Service (BAS) 9:30 am Morning Prayer— Wednesday

VBS runs from July 3rd to July 7th, 2023 at Good Shepherd Lutheran

June 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10 am Choir 1:30 pm Aspen Ridge /Inglewood Services 7 pm Small Church Community (Zoom)	2	3
4 10:00 am Eucharistic Service	5	6	7 9:30 am Morning Prayer 1:30 pm Prayer Team meets	8 10 am Choir 1:30 pm Aspen Ridge /Inglewood Services	9 Happy Birthday Crystal Roth	10 ACW Ladies Social at 1-3 pm
11 10:00 am Eucharistic Service	12	13	14 9:30 am Morning Prayer 1:30 pm Prayer Team meets	15 10 am Choir 1:30 pm Aspen Ridge /Inglewood Services	16	17 8:30 am Men's Breakfast
18 ^{10:00 am} Eucharistic Service Happy Father's Day	19	20 7 pm Parish Council Meets	21 9:30 am Morning Prayer 1:30 pm Prayer Team meets Daniel Joseph's Ordination 7pm at the Calgary Cathedral National Indigenous Peoples Day	22 10 am Choir 1:30 pm Aspen Ridge /Inglewood Services	23	24
25 10:00 am Eucharistic Service	26	27	28 9:30 am Morning Prayer 1:30 pm Prayer Team meets	29 10 am Choir 1:30 pm Aspen Ridge /Inglewood Services	30	



<u>April YTD</u>	INCOME	EXPENSES	SURPLUS (DEFICIT)
2023	\$58,056	\$92,403	\$(34,346)
2022	\$89,758	\$87,038	\$2,721
2021	\$104,553	\$80,887	\$23,666
2020	\$83,323	\$81,724	\$1,599
2019	\$80,296	\$103,744	\$(23,447)

Comments:

Our April 2023 year to date income of \$58,056 was \$(34,346) below expenses. Our income has dropped over the last few years, and our expenses increase with inflation, thus creating a large deficit. We are hopeful that we can bridge the deficit as the year proceeds.

Please don't hesitate to contact myself or Krista if you have any questions regarding our Parish finances.

Marg Marrett-Julian Interim Parish Treasurer

LESSONS IN LIFE #192

FRIENDS

Why do we have a variety of friends who are all so different in character? How do we get along with them all? I think that each one helps to bring out a "different" part of us.

We joke with one friend.

We sit down and talk about serious matters with one.

With another, we laugh a lot.

We may have a coffee with one.

We listen to one friend's problems.

Then we listen to another one's advice for us.

Our friends are all like pieces of a jigsaw puzzle. When completed, they form a treasure box. A treasure of friends!

There are friends who understand us better than we understand ourselves, who support us through good days and bad days. We all pray together and for each other.

Doctors tell us that friends are good for our health. Dr. Oz calls them Vitamin "F" (for Friends) and counts the benefits of friends as essential to our well being.

Research shows that people in strong social circles have less risk of depression and terminal strokes. If you enjoy Vitamin "F" constantly, you can be up to 30 years younger than your real age. The warmth of friendship stops stress and even in your most intense moments, it decreases the chance of a cardiac arrest or stroke by 50%.

Make an effort to keep a stock of Vitamin "F" !

In summary, we should value our friends and keep in touch with them. We should try to see the funny side of things and laugh together, and pray for each other in the tough moments and the good.



RED DEER MUSTARD SEED

St. Leonard's is always looking for more volunteers to help out at The Mustard Seed. There are many opportunities.



I am always willing to team up with new people to go to any of the opportunities if it is their 1st time to help them be more comfortable.

Please feel free to contact Pearl at pearlmfranz@gmail.com

Red Deer Urgently Needed Items at The Mustard Seed.

Basic Necessities: Men's Boxer Briefs (sizes M, L, XL) Women's T-shirts (sizes S, M, L) Women's Leggings (S, M, L) Ankle Socks, Women's Runners (sizes 7 - 9) Men's Runners (sizes 8 -12) Women's Shorts (sizes S-L) Men's Shorts (sizes S -XL) Backpacks, Towels, Cutlery (non-disposable) Toilet Paper Deodorant Travel-size Body Wash Travel size Shampoo & Conditioner Kleenex (individual packs) Toothbrushes **Baby Wipes** Reusable Bags Q-Tips Nail Clippers Lip Balms Men's/Ladies Razors Hair Brushes Foot powder Throat lozenges

School Lunch Program (June only)

Canned Items (soups, pasta, sauces, fruit, vegetables, beans, etc.) Granola Bars, Nut-free Snacks, Carrots Cucumbers, Celery, Apples, Oranges and Deli Meat.

(The Mustard Seed Support Centre, Red Deer 6002 54 Ave, Red Deer, AB T4N 4M8 Hours: Mon. – Fri from 8 a.m. – 4 p.m

Please ring the doorbell at the front door for donations.)

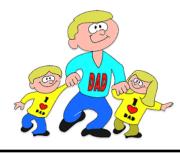
What is a Dad?

A dad is someone who Wants to catch you before you fall But instead picks you up, Brushes you off, And lets you try again.

A dad is someone who Wants to keep you from making mistakes But instead lets you find your own way, Even though his heart breaks in silence When you get hurt.

A dad is someone who Holds you when you cry, Scolds you when you break the rules, Shines with pride when you succeed, And has faith in you even when you fall...

-Unknown-



NATIONAL INDIGENOUS ARCHBISHOP INSTALLED ON FIRST FULL DAY OF SACRED CIRCLE

Archbishop Christopher A. Harper was installed Tuesday, May, 29th as the National Indigenous Anglican Archbishop and Presiding Elder of Sacred Circle, with pastoral oversight over all Indigenous Anglicans. The installation took place at a meeting of Sacred Circle 11, the national gathering and decision-making body for Indigenous Anglicans in



<u>NATIONAL</u> ABORIGINAL DAY

(NATIONAL INDIGENOUS PEOPLES DAY)



JUNE 21ST, 2023

In 2009, June was declared National Indigenous History Month in Canada. During this

month, we celebrate and honour the history, heritage and diversity of First Nations, Inuit, and Métis Peoples in Canada.

This month is also a time for all Canadians to learn about, appreciate and acknowledge the Indigenous Peoples of Canada's immense contributions, both past and present.

The Canadian Constitution recognizes these three groups as Aboriginal peoples, also known as Indigenous peoples.

Although these groups share many similarities, they each have their own distinct heritage, language, cultural practices and spiritual beliefs.

The Government of Canada, in cooperation with Indigenous organizations, chose June 21st, the summer solstice, for National Aboriginal Day, now known as National Indigenous Peoples Day.

Many Indigenous peoples and communities have celebrated their culture and heritage on or near this day due to the significance of the summer solstice as the longest day of the year.

We pray and honor these groups as they continue to celebrate their diverse cultures.



<u>St. Leonard's on the Hill Mission</u> <u>Statement</u>

"The Anglican Church of St. Leonard's on-the-Hill is a Christian Community committed to building a Christ-like family of disciples through worship, prayer, study, fellowship and service".



<u>Thank you from Anna and Lindsay</u>

Anna and Lindsay are on their way to Ontario.

They want to thank everyone for their prayers and help during this journey.

We wish them all the best in their new home.

"<u>BETWEEN FRIENDS" MINISTRY</u>

Are you aware that some small tasks are very difficult or impossible to do for some of our Parish members either because of mobility limitations or recent surgeries?



We are compiling a list of the names of Parish members who would be willing to perform small tasks, either on a **one-time or short-term basis**, for another Parish member. (e.g. change higher light bulbs, small sewing needs, vacuuming, moving a heavy chair etc., etc., etc. the list is long for some of our parishioners). If this Ministry is one you feel called to take part in please give your name to Brenda Clark at 403-346-3021 or clarkwbc@telusplanent.net.

A data base will be set up and in a few weeks we hope to be able to offer this new St. Leonard's connection of helping one another

"Between Friends"

Sincerely, Brenda Clark

Trinity Sunday, June 4th





2023 Baby Bottle Campaign

Each year we host a Baby Bottle Campaign which typically raises over \$40,000 annually for the work of the CAPCC. *We are hosting our annual Baby Bottle Campaign virtually.*

https://www.pregnancycare.ca/donate

This event will kick off on Mother's Day and will run until Father's Day.

Envelopes to donate will be located in the Narthex of the Church on Mother's Day.

On Father's Day all envelopes need to be brought back into the Church to go back to the Pregnancy Care Centre.



Newcomers to St. Leonard's

If you are a newcomer to St. Leonard's and would like your name added to the Parish List, please email



stleonardsanglicanchurch@gmail.com or



ST. LEONARD'S ACW LADIES' SOCIAL



SATURDAY, JUNE 10TH, 2023

1-3 PM

(In the North hall)



Please bring a small dish of your favourite appetizer or snack.

All St. Leonard's Women welcome.



RSVP to Shirley Cole at ranshico@gmail.com



Audio/Visual Booth Volunteers Needed

We are in need of volunteers to assist in the Audio/Visual Booth. We are looking for 4 more volunteers who are comfortable working with one another. These volunteers would help out in the booth once



or twice a month. Volunteers would be trained so that they would feel comfortable in the booth.

Please contact Krista if you are interested in learning how to become an Audio/Visual Volunteer.



HEARING ASSISTANCE

Anyone requiring hearing assistance, please request it at the Audio Booth in the back of the Sanctuary.

Paperless Donations

Help the environment...go paperless. St. Leonard's is offering an easy way to donate to the Church. Instead of using envelopes, you can fill out Pre-Authorization forms to donate. Forms can be requested by emailing stleaonardsanglicanchurch@gmail.com or by leaving a voicemail on the Church office phone at 403-346-6769.

E-Transfers are available as well to donate. You can send an E-Transfer to stleaonardsanglicanchurch@gmail.com

"Link" by Email!

If you are interested in receiving the Link by email please advise the Office. Our email address is:

stleonardsanglicanchurch@gmail.com When you receive the "Link" by email, you are able to see the pictures in colour and in greater detail (when colour is available). Thank you for your attention.

Coffee Anyone? (Java Jobs)

All that's missing are volunteers willing to help setup and clean up.

There's a Sign-Up Book in the Kitchen by the microwave!

LILIES IN THE CHURCH

Our Church is a scent free space and we continue to try to a honour this.

We are asking those who are donating Church Altar floral arrangements on Sunday to refrain from adding lilies. We

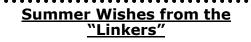


have several Church family members who react to the scent of lilies. Moving forward, we are going to follow the Hospital Protocol and not have any lilies in our Church space.

Thank you for your cooperation in this matter.



Check us out at St. Leonard's on the Hill Anglican Church.



Sunny Skies!! Refreshing rain!! Healthy days!! God's blessings always!!

See you in September.

During the summer, information of note will be posted on the Church website, Facebook and during our Sunday announcements.

ACW Strawberry Tea





A.C.W. News



All women who attend St. Leonard's are members of the organization known as Anglican Church Women (ACW).

We have had a busy month with members attending Retreats and the ACW Diocesan Meeting. Others members were promoting our Fashion Follies Show at a local condo. We also hosted a Strawberry Tea on Coronation Day (May 6th). That was the reason for many of our ladies sporting fascinators.

We completed our financial commitment for the downstairs tv and cover. We also made donations to the Food Bank and the Red Deer Mustard Seed.

The "Between Friends" Program is active and we are helping with such things as organizing rooms and spring planting. Thank you everyone for making this such a meaningful ministry!

On June 10th, beginning at 1 pm, we will have our ACW Women's Social at the church. It is open to all St. Leonard's women. It will be a snack/appetizer potluck with a game and special dessert.

We hope to see you all there.

1891 W.A. / A.C.W. 2018 Process of Calcolar US Tradis

The Anglican Church Women of the Diocese of Calgary

Welcomes you To a ZOOM Hymn Sing

Our Theme is "Praise" On Sunday, June 4th, at 7:00 pm

Please register at: dioceseofcalgaryacw@gmail.com or call 403-734-2130



Bible Study

Will resume again in Fall.

SMALL CHURCH COMMUNITIES

We will be continuing with Small Church Communities in September. In this small Group we read and discuss the upcoming Sunday Scripture.



Please see the September Link for the new date.

elebraing Se June 5-9, 2023

> Lunch is \$10 per person each day or purchase a weekly pass for \$40 for the whole week. Save \$10.00!

Monday, June 5

Ham - Welcome by Mayor Ken Johnston followed by a Hawaiian Lunch - Kahuna Burgers with Potato Wedges, Salad & Dessert. Performance by the Golden Ukes Please bring a Food Bank Ponation and dress Hawaiian!

Thursday, June 8 Make your way down to the

Golden Circle and take a step back to the past, or should we say, take a drive? There will be vintage cars in the back parking lot starting at 10:30am along with their drivers who are excited to share their stories with you. Taco in a Bag with dessert. Lunch at 11:30 am.

PARTICIPACTION

Tuesday, June 6

Let's get active! Fitness Instructor Tammy will be here doing a drop in low intensity fitness class at 10am along with outdoor games, Horse Racing, Rosco the clown & more! Lunch at 11:30 Soup & Sandwiches followed by an Ice Cream Bar

Every June, Seniors Week is observed in Alberta and it is an opportunity for Albertans to show appreciation for our seniors and all that they contribute to our province and individual communities to enhance the quality of life in Alberta. Seniors Week was inspired by the vision of the late Alice Modin. More than 30 years ago she began a campaign to start a Seniors Day in Strathcona County that helped pave the way for Seniors' Week to be celebrated across the Province!

SALQON

Wednesday, June 7

11:30am Dust off your boots and join us for a fun afternoon kicking it off with a BBQ Chicken lunch with Baked Beans, Coleslaw & Dessert followed by entertainment by Rob McIvor.

Friday, June 9

Join us for breakfast from 8:30am - 1pm along with an Info Fair from local organizations.

<u>Men's Breakfast Group</u>

Don't forget Men's Breakfast on Saturday, June 17th at 8:30 am.

All men welcome. Please advise if you plan to attend by contacting me either at 403-391-4057, ranshico@gmail.com or at Church.

Randy Cole

<u>Vacation Bible School</u> Supply List



St. Leonard's along with Good Shepherd Lutheran are asking for help in collecting much need Vacation Bible School supplies.

We are looking for the following supplies:

- 4 package goldfish crackers
- 3 bags straight pretzels
- 4 pačkage M&Ms
- 2 boxes cheerio's
- 4 big boxes Rice Krispies
- 10 bags large marshmallows
- 1 box margarine squares
- 3 bags red licorice Twizzlers Pull & Peel
- 3 bags gummy fish or blue whales (260 gram)

Stickers – especially food related, however garden and nature themes will do.

50 – Clear plastic Disposable Dinner Plates (25/ \$5 @ Dollarama... disposable dishware section).

There is a bin in the North Hall by the Nursery room door where supplies can be placed. All items need to brought to the Church by no later than Wednesday, June 28th.

Thank you for your help with this much needed Ministry.



REV. CHRIS' SUMMER HOLIDAYS

Following Rev. Chris' Sabbatical, Chris will be taking his holidays from: July 16th-August 13th.

PASTORAL CARE

It is so important in families to pull together and support each other. It is the same with our



St. Leonard's Church family and this became more apparent during the COVID Pandemic.

St. Leonard's has a number of ways of reaching out to each other. Please contact the Office at

403-346-6769 if you are in need of help or if you are aware of any parishioner needing assistance of some kind.

If you are on St. Leonard's Parish List then your name will be connected to someone on Parish

Council. This is the Official Parish List not the ACW List or the Men's Breakfast List but the actual Parish List – if you would like to be on this List please contact the Office.

We have a number of other ways of caring for each other:

We have someone who does Hospital Visiting. If you know of a parishioner who is in the hospital please contact the Office know. (403-346-6769)

<u>"Between Friends</u>". If you need something like a light bulb in a difficult place changed or if you are just out of the hospital and could use a few days of suppers, then please contact either Brenda Clark at 403-346-3021 or the Office. (403-346-6769)

<u>ACW Card Ministry</u>. If you know of someone who could use a little boost of caring please contact the Office and this Ministry will send out an appropriate card (Thinking of you. Glad you're feeling better, or a sympathy card).

<u>Prayer Group</u>. We have this wonderful Group that meets once a week and prays for us. If you have a prayer request, please place it in the Prayer Box at the back of the church. (This is a very confidential ministry.)

And most important of all we have a lot of friends visiting and/or checking up on friends.

<u>Pastoral Care Team</u>: Along with all of these other caring groups, St. Leonard's does have a Pastoral Care Team. This Group will do home visits to parishioners who, for various reasons, need to be personally contacted. If you are aware of someone needing a bit of extra care, please contact the Office. Krista will direct the information to the right person (it might even be Chris (and/or Barb) as they are very much part of this Team). And again for various reasons it is not always feasible to actually visit some parishioners so they are sent "thinking of you" type cards throughout the year.

Thank you for being part of our caring Church family.

Marg Marrett 403-346-9215 Margaret Roome 403-347-5500



GAETZ MEMORIAL UNITED CHURCH - RED DEER - 4758 ROSS STREET

SATURDAY, JUNE 24, 2023 1:30 – 3:00PM

JOIN US FOR RHUBARB PIE WITH ICE CREAM AND COFFEE/TEA GLUTEN FREE RHUBARB CRISP AVAILABLE

\$8 PER PERSON - YOU & A FRIEND FOR \$15

RHUBARB BAKE TABLE MERCHANDISE TABLE PRIZES GRAMMALINK - AFRICA FASHIONS



All proceeds donated to the Stephen Lewis Foundation to support African Grandmothers raising grandchildren whose parents died of HIV/AIDS.

Find us at <u>www.grammalink.ca</u> OR Facebook - GrammaLink- Africa



ELAINE'S RETIREMENT

After 36 years as a faithful Sister in Christ, Elaine has shared her intent to retire. St. Leonard's Anglican Church could not begin to thank Elaine for all the years she has provided her God-

given talent of music to all of us.

We continue to pray for Elaine as she transitions to a new journey in her life.

Elaine intends to retire at the beginning of September 2023.

Elaine's Retirement Party will take place on Friday, September 1st. A time has not yet been determined. Further information will follow by email or Sunday Church announcements.

Lawn Mowing Sign Up Sheet

The Sign Up Sheet will be in the North Hall soon. Please check it out.



COFFEE AND CRAFTS

We would encourage men and women to come out even if it's just for a cup of coffee. They could bring their crafts, when they want, or they could learn



a new one or they could sharpen up their current skills.

If anyone would like to learn how to knit, someone will be available. Crochet is upcoming as is making a variety of useful things with duct tape. We are also open to requests for other crafts. We will meet at Stephanie's home on Wednesday's at 1 pm.

Stephanie Rodger



LAST OUT??

If you are last out of the Church, please remember to set the alarm when you are leaving.

When entering the Church via the parking lot door, please ensure that the door is firmly closed.

Katherine Brown

We are blessed to announce that St. Leonard's will be welcoming Katherine as a new employee, starting in September 2023.



Katherine will be job shadowing Elaine Rowthorn over the next three months, beginning June 1st.

We look forward to getting to know Katherine.

DISCIPLE NIGHT

Will resume again the Fall of 2023.



CONTEMPLATIVE EVENING PRAYER

Will resume again the Fall of 2023.



KOREAN CATHOLIC CHURCH



We are blessed to be able to share our space with the Korean Catholic Church. They meet in the Church Sanctuary once a month on Sunday at 4:30 pm.



THE PRAYER TEAM

The Prayer Team are continuing to meet on Wednesdays at 1:30 pm.

Rev. Chris, Grace Elgersma, Elsie Howard, Joan Truckle, Susan Robertson (Leader), Laura May Doran, Gail Morrish.



ALTAR FLOWERS CALENDAR FOR 2023

There are still a few Sundays available if anyone wishes to provide flowers for the Altar.

Available dates are: June 25th; August 13th; October 15th and 22nd; November 5th; December 10th.

Please see Hilary Boyd for more information.

RED DEER FOOD BANK DRIVE

The Red Deer Food Bank is in need of some assistance specifically for young families with school age children during the summer months.



St. Leonard's will be holding a Food Bank Drive for the entire month of

June. Bins for items will be located in the Narthex of the Church. Items can be brought in on Sundays. All items will be collected until the last Sunday of June and delivered during the week to the Red Deer Food Bank.

Another option to assist the Red Deer Food Bank can be through monetary donations on Sundays. If you chose this option, please make sure to mark on your envelope to show that you would like your donation to go to the Food Bank.

We have decided to assist in June this year, as the School Lunch Program for these families doesn't run during the summer months.

The children who participate in the School Lunch Programs will be in need of some items that they can easily open and eat while their parents are working.

For other families with school age children, this will help them over the summer months to make sure their kids have lunch items while at home.

Items that are needed for the Red Deer Food Bank are:

Sunscreen

Juice boxes, granola bars, fruit cups, fruit snacks, crackers with cheese, crackers with peanut butter and gold fish crackers.

Nut-free snacks

Cereals (The Food Bank can't keep enough cereal in stock, please keep in mind that they need nutfree cereal as well as regular cereal).

<u>"WHAT'S WHAT IN THE CHURCH"</u> THE SMALL ST. LEONARD'S CROSS

The small St. Leonard's Cross on the North wall of the Church beside the Thanksgiving window was used in the original Mountview Hall (1955-1959).

It was donated by Mrs. H. F. McDonald.



The miracles of nature are all around us.

-Anonymous-



DANIEL JOSEPH'S ORDINATION

Daniel Joseph will be ordained on Wednesday, June 21st at the Cathedral Church of the Redeemer, located at 604 1 St SE, Calgary at 7 pm.

All are welcome to join to celebrate with him.



PARISH COUNCIL <u>"SNIPPETS"</u>



- 1. Marg Marrett and Margaret Roome will set up a new list for visitors and visitees on the new Pastoral Care list.
- A planning committee has been set up for Elaine's retirement party which will take place on Friday, September 1st. More information to follow in upcoming emails.
- 3. A donation drive for the Red Deer Food Bank will be held in June. We are specifically focusing on children and young families.
- 4. Raised Garden plots will not be put into place until the summer of 2024.
- 5. Thank you to Pearl who did a great job weeding the flower beds around the Church and setting up the planters by the parking lot doors.
- 6. Thank you to Jim Young for planting flowers in the planter by the parking lot door.
- 7. Daniel Joseph's Ordination takes place at The Cathedral Church in Calgary, on Wednesday, June 21st . We have had some interest from members of the Church to carpool or rent a van or community vehicle.
- 8. The Donations Share Program has changed. The Diocese is now using canadahelps.org to allow those who wish to donate their shares in a self-directed manner. Blake Bolton can assist with this if anyone needs help. We have already had one person try this and found it very user friendly. This should help the process go a lot smoother. Blake works very closely with RBC Dominion. Blake is the accountant for the Anglican Diocese of Calgary.

Please contact us if you are interested in participating in these Ministries. We will fill you in on the duties.

A Remember—many hands make light A work.

🖗 Carol Anderson and Ioney Haye

KING CHARLES III

The Coronation of King Charles III took place at Westminster Abbey on 6th May 2023.

God Save The King.





Readers and Intercessors

Please contact us if you are interested these Ministries and we will fill you in on the duties. Remember—many hands make light work.



Marney Holmes and Mary McCambley

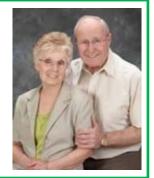


News from the Pews



Happy 62nd Wedding Anniversary to Esther and Ross Smith on May 20th.

Happy 69th Wedding Anniversary to Pat and Jack Mills on August 9th.





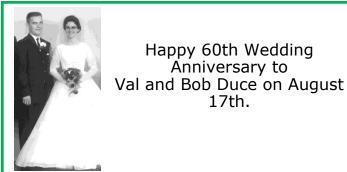
Happy 56th Wedding Anniversary to Alec and Sandra Robertson on August 5th.



Happy 21st Anniversary to Rev. Chris and Crystal Roth on August 15th. Happy Wedding Anniversary to Brenda and Wayne Clark on July 3rd.



Happy 58th Wedding Anniversary to Carole and David Rolfe on August 29th.



<u>QUEEN ELIZABETH</u> <u>II PLATINUM</u> <u>JUBILEE MEDAL</u> <u>RECIPIENT</u>

Roberta Saltvold, has been visiting acute care patients for 20 years and was one of



six Alberta Health Services volunteers to receive the Queen Elizabeth II Platinum Jubilee Medal. The medals recognize their contributions to the province.

Recipient Roberta Saltvold said her faith led her to assist patients whether it's by offering them something to read, a drink of water, a warm blanket, or taking them on a walk or a ride in a wheelchair.

Prior to the pandemic, Roberta was volunteering about 20 hours a week at the Hospital. Now she volunteers two days a week at Villa Marie Continuing Care Facility and one day a week at the Hospital.

The medal she received recognized the 10,000 hours she has volunteered at the Hospital, the quality care and comfort she provides others when they are at their most vulnerable, and her strong leadership role by mentoring new volunteers. "I would definitely recommend volunteering. I encourage anyone who thinks they might to give it a try. I'm more than happy to mentor and show them the ropes," said Roberta.

Congratulations Roberta.



CW A ROLL WITH GOD!	VBS REGISTRATION FORM Good Shepherd/St. Leonard's/St. Luke's JULY 3-7, 2023, from 9:00 a.m 12:00 p.m. AT GOOD SHEPHERD LUTHERAN CHURCH 40 Holmes Street, Red Deer, AB Call 403-340-1022 for more information. Email: goodshep@telusplanet.net *Please Print then scan or drop off at Good Shepherd church*
CHILD'S NAME:	
BIRTHDATE:	AGE (4-11):
If possible, I would like to be on the same	e (age related) team as
PARENT/GUARDIAN NAMES:	
TELEPHONE (H / C / W):	
EMAIL:	
EMERGENCY CONTACT: NAME:	
PHONE:	
CHILD MEDICAL ISSUES (PLEASE INC	CLUDE ALLERGIES, MEDICATIONS, RESTRICTIONS nacks, unfortunately not all food allergies can be

ALBERTA HEALTH CARD NUMBER: ____

Medical Emergency Release & Waiver: I agree to give my consent for emergency medical treatment for my child(ren). In the event of illness or injury requiring emergency treatment, I wish the VBS staff to seek treatment at the nearest available licensed physician or dentist, or transport to the nearest medical facility. I expect to be contacted as soon as possible if an emergency occurs. I hereby release Good Shepherd Lutheran Church, its staff, volunteers and sponsors from any responsibility and liability for any illness or injury that the above-mentioned child(ren) may sustain during any activity and any and all claims and liabilities.

PARENT/GUARDIAN SIGNATURE:

Photo & Video Release: I understand that my child(ren) may appear in photographs or videos that are used by Good Shepherd Lutheran Church for promotional purposes including, but not limited to, brochures, promotional videos, and websites. I waive any rights to royalties or other compensation arising from or related to the use of such images and recordings.

PARENT/GUARDIAN SIGNATURE:

There is a \$5.00/child cost to Vacation Bible School. Bursaries are available upon request. We are setting a maximum capacity at 50 registrations due to the size of our groups/classrooms.